TRAINING MADE EASY

TRAINING COURSES AND SERVICES FOR THE WORK PLACE
Arranging health and safety training is typically a headache - lots of forms to complete, I.D to be provided, NZQA accreditations to be lodged...etc etc.

Total Site Training is different. You just book in, and turn up on the day - how simple!

Call us today to discuss your training needs further.

Look forward to hearing from you soon.

Regards

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TRAINING COURSES

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Elevated Work Platform (EWP) 1 day  
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HEIGHT SAFETY
INTRODUCTION

Course Description
This height safety training provides an understanding for the need to implement height safety procedures and the processes required to undertake evaluations of risk associated with height applications. Participants will acquire knowledge of how to plan for and perform work at height using appropriate equipment and following procedures.

Who Should Attend
For those who may perform basic working at height tasks including operating EWPs.

NZQA Unit Standards
Unit 23229 Use a safety harness for personal fall prevention when working at height

Code: HSI20
Duration: One day (8 hours)
Location: Total Site Christchurch/Timaru or onsite by arrangement
Max Course Size: 12
Investment: $350 per trainee
Includes NZQA registration

Price exclude GST

Onsite. Off the ground. Safely.
HEIGHT SAFETY ADVANCED

Course Description
This course enables the trainee to identify the different types of fall arrest systems employed on building and construction sites, and apply the appropriate controls for compliance with the Health and Safety in Employment Act 1992 (HSE Act) and other relevant legislation. Participants will learn to:

- identify and maintain height work equipment and fall arrest systems
- identify and construct anchor points for fall arrest systems; employ fall arrest systems in a commercial environment
- plan rescue techniques and emergency procedures for working at height when using fall arrest systems.

Who Should Attend
For those who may be responsible for or who may perform work at height tasks including operating EWP’s, roof work, certified scaffolders.

NZQA Unit Standards
Unit 17600¹ Explain safe work practices for working at heights
Unit 23229² Use a safety harness for personal fall prevention when working at height
Unit 25045² Employ height safety equipment in the workplace
Unit 15757¹ Employ fall arrest systems on building and construction sites

Code: HSA40
Duration: Two days (16 hours)
Location: Total Site Christchurch/Timaru or onsite by arrangement
Max Course Size: 12
Investment: $470 per trainee  Price exclude GST
Includes NZQA registration

Freephone Timaru 0508 88 5656 • Christchurch 0508 447 348
ELEVATED WORK PLATFORM - EWP

Course Description
Operators are trained in machine selection and capabilities, pre-use inspection, fault reporting and certification regimes. Attendees are instructed and assessed on operation and emergency actions including correct shut-down after use. Basic instruction on harness use and attachment and PPE controls is given however additional training is required to achieve the height safety unit standards.

Who Should Attend
This EWP training is designed for anyone required to operate EWP in the workplace.

NZQA Unit Standards

<table>
<thead>
<tr>
<th>Unit Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>23966²</td>
<td>Describe the types of EWPs and legislative requirements for their use</td>
</tr>
<tr>
<td>23960¹</td>
<td>Scissor lift</td>
</tr>
<tr>
<td>23961¹</td>
<td>Truck mounted lift</td>
</tr>
<tr>
<td>23962¹</td>
<td>Self-propelled knuckle/boom lift</td>
</tr>
<tr>
<td>23963¹</td>
<td>Trailer mounted lift (cherry picker)</td>
</tr>
<tr>
<td>23964¹</td>
<td>Vertical lift (mast)</td>
</tr>
</tbody>
</table>

Code: EWPT20
Duration: One day (8 hours)
Location: Total Site Christchurch/Timaru or onsite by arrangement
Max Course Size: 9

Investment:

<table>
<thead>
<tr>
<th>Type</th>
<th>Per trainee</th>
<th>5+ trainees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scissor &amp; cherry picker</td>
<td>$400</td>
<td>$360</td>
</tr>
<tr>
<td>Scissor/boom/cherry picker</td>
<td>$480</td>
<td>$450</td>
</tr>
<tr>
<td>POA for other unit standards</td>
<td>Price exclude GST</td>
<td></td>
</tr>
</tbody>
</table>

Prices include NZQA registration

Onsite. Off the ground. Safely.
CONFINED SPACE & GAS TESTING

Course Description
To provide knowledge and awareness of the hazards within confined spaces, ensuring a person can set up and work within a confined space safely. Improving safety standards whilst working in a confined space environment.

Who Should Attend
Designed for anyone required to operate within a confined space environment in the workplace.

NZQA Unit Standards

<table>
<thead>
<tr>
<th>Unit</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>18426</td>
<td>Demonstrate Knowledge of Hazards Associated with Confined Spaces</td>
</tr>
<tr>
<td>25510</td>
<td>Operate a Gas Testing Device to Determine a Suitable Atmosphere Exists to Work Safely</td>
</tr>
<tr>
<td>18426</td>
<td>Demonstrate Knowledge of Hazards Associated with Confined Spaces</td>
</tr>
<tr>
<td>25510</td>
<td>Operate a Gas Testing Device to Determine a Suitable Atmosphere Exists to Work Safely</td>
</tr>
<tr>
<td>17599</td>
<td>Plan a Confined Space Entry</td>
</tr>
</tbody>
</table>

Code: CSGT20
Duration: Two days
Location: Total Site Christchurch/Timaru or onsite by arrangement
Max Course Size: 12
Investment: $470 per trainee
Includes NZQA registration
MOBILE SCAFFOLD TOOL BOX TRAINING

Course Description
To enable trainees to Demonstrate Knowledge Of (DKO) the safe and correct erection of lightweight mobile scaffolding up to 5m. The trainee will learn –

• how to correctly erect a mobile tower
• how to safely erect a mobile tower
• their responsibilities towards themselves and others on the work site

Who Should Attend
All trades who erect and/or use mobile scaffolding on construction sites.

Duration: 1 - 2 Hours
Location: Total Site Christchurch/Timaru or onsite by arrangement
Max Course Size: 20

Investment:

<table>
<thead>
<tr>
<th>Code</th>
<th>Qty</th>
<th>Investment</th>
</tr>
</thead>
<tbody>
<tr>
<td>MST1/5</td>
<td>1 - 5</td>
<td>$150 per course</td>
</tr>
<tr>
<td>MST 6/15</td>
<td>6 - 15</td>
<td>$200 per course</td>
</tr>
<tr>
<td>MST 16</td>
<td>16+</td>
<td>$300 per course</td>
</tr>
</tbody>
</table>

Price exclude GST

Total Site recommends the NZQA accredited SITESAFE Scaffold Course to trainees requiring a more inddepth knowledge of their requirements.
LADDER INSPECTION SERVICE

Our ladder inspection service provides you a written report on the condition of your ladders including whether repairs are required and whether or not they can be done in-house by yourselves.

Ladders that pass are given a test’n’tag label as shown below stating item number and next test date.

**Code:** LIS20  
**Investment:** $5 per ladder  
*Price exclude GST*
HARNESS TEST ‘N TAG SERVICE

Height safety equipment is required to be tested every 6 months to AS/NZS 1891. This inspection service provides a written report on the condition of your height safety equipment. ‘Passed’ items are given a PASS label as shown below and are logged on a database.

Cost per 6 monthly inspection:

<table>
<thead>
<tr>
<th>Code</th>
<th>Recertification</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>ZHR-00</td>
<td>Harness</td>
<td>$20</td>
</tr>
<tr>
<td>ZLR-00</td>
<td>Lanyard with shock absorber</td>
<td>$14</td>
</tr>
<tr>
<td>ZRLR-00</td>
<td>Retractable webbing lanyard</td>
<td>$16</td>
</tr>
<tr>
<td>ZRR-20</td>
<td>20m rope</td>
<td>$18</td>
</tr>
<tr>
<td>ZRR-50</td>
<td>50m rope</td>
<td>$24</td>
</tr>
<tr>
<td>ZSR-00</td>
<td>Webbing sling</td>
<td>$8</td>
</tr>
<tr>
<td>ZTSLR-00</td>
<td>Temporary static line</td>
<td>$28</td>
</tr>
</tbody>
</table>

Price exclude GST
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Total Site
SELLS and HIRES
a huge range of access & height safety products

TRAINING MADE EASY
TRAINING COURSES & SERVICES
FOR THE WORKPLACE

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